

Update on Mental Health, Learning Disabilities and Dementia



Dr Sian Roberts



Mental Health FYFV –Key themes

CYP access to MH care

Perinatal Mental Health

Increased Access to Psychological services (IAPT)

Early Intervention in Psychosis (EIP) 2 week access to treatment

High quality 24/7 services for people in crisis – PIRLS

Integration of physical and mental health care

Suicide Prevention

Timely Access to MH services for all ages

CAMHS

- 4238 referrals, an increase of approx. 500 from same period in 14/15 , 13.5%
- 283 self referrals (Oct 15 –Sept 16) approx. 75% increase from 14/15
- Reduction in DNAs from average 11% in 14/15 to 8% in 15/16
- CYP with Eating Disorder, 100% seen within 2 weeks
- Delivered 15 workforce training sessions with 100% positive feedback

AMHT

- AMHT SPA – based on two teams (Chiltern CCG & Aylesbury Vale CCG)
- Previous ‘modernisation’ team functions are part of the Adult mental Health Teams
- 24 hour cover, 7 days a week.
- EIP Patients seen within 2 week standard - Compliant

Perinatal & IAPT

- Perinatal mental health service – 100% referrals seen with in 5days (urgent) and 10 days (routine) . Only TV CCGs with MH pathway across agencies
- IAPT 15% access compliant and exceeding 50% recovery - aspiration to 25% in 2020/21

Mental Health Urgent Care Pathway

Psychiatric In-reach liaison service (PIRLS) –

152 referrals in October 2016 62% from A&E.

Four main performance targets

- A&E: Patients to be seen in 1 hour 98% (October 2016)
- AOU/Ward 10 and ITU: Patients to be seen within 4 hours – 100% (October 2016)
 - Number of patients seen within 24 hours – 100% (October 2016)
 - Number of letters sent to GP's within 72 hours – 97% (October 2016)

SCAS/999 control centre -
Dedicated members of staff in place to provide support, triaging and signposting for mental health patients. Band 7 members of staff, the service operates 6 days per week.

Street Triage –

Working together with the police to ensure that people in crisis receive the right support

Health Based Places of Safety (HBPoS) – Buckinghamshire currently has two HBPoS based at the Whiteleaf Centre, soon to increase to three.

**Healthy Minds
Business as Usual**

Quality & Capacity

- Developed nationally recognised clinical co working model with **Relate (counselling for depression)**
- Working with **AHSN & Professor Clarke** to deliver highest national quality standards – evaluation programme
- **'hidden waits' reduced** (ie. Internal wait time for 'step up') - pathway reconfigured.
- **Over 85% would recommend service to F&F**
- **Good access by BME & older adults** compared with national

IAPT

National Policy & KPIs

2016/17
IAPT equal to or better than national standards
15% access (over 4000 adults)
50% recovery rates (often above 60%)
6 & 18 week waiting targets (well above 75 % & 95% respectively)

2017/18
On track to meet Bucks and National aspiration
Trajectory agreed (NHSE & OH) to deliver required 25% access by 2020/21 (over 6000 adults)
all other KPIs remain as above

**Live Well & Work Well
1st Wave National Pathfinders**

Innovation & leadership

1. Integrating IAPT & LTC

- **Expansion** of Live well from 4 to 7 localities across Bucks &
- From COPD to **all LTC inc Diabetes**
- Treatment in practices/community and **via new LWSW SPA**
- **Integrated with lifestyle advice**
- **Over 15 new clinical staff**

2. Employment Programme

- **Partnership** with DWP & JCP
- Access to **earlier identification and treatment depression & anxiety**
- Up to 7 new **'work well'** advisers

Year on year more adults in Bucks recovering from depression & anxiety with pathways that treats the 'whole person' – body and mind

Parity of Esteem

Physical health improvement for those with mental ill health

- CQUIN s x2 SMI physical health
- Chiltern QIS - prioritising SMI
- New 'Live Well Stay Well SPA'
- Medication-shared care protocols
- More smoking cessation champions

Live Well Stay Well SPA

- Chesham co location project with DWP - Wycombe
- 5 ways to wellbeing & social prescribing network
- Exploring MECC workforce @ STP level - prevention
- Staff wellbeing - mental and physical wellbeing 'tasters'

Mental health improvement for those with physical conditions

- Multiagency Chronic Fatigue pathway (CAMHS)
- National IAPT & LTC Pathfinder
- CSP & Diabetes Pathway - psychological therapies
- Obesity pathway development –SMI

Finance

2016/17	Allocation Growth	Growth in spend
AVCCG	4.50%	6.90%
CCCG	4.70%	7.80%

Buckinghamshire Mental Health Facts and Figures

40 Million Pound Spend on services annually

➤ Including services such as: IAPT, PIRLS, Inpatient services, ADHD and ASD, complex needs service.

18,000 in-patient bed days 16/17

5,326 patients on caseloads across the service (correct as of October 2016)

Implementation of the Recovery College

24 hour PIRLS service now being delivered

CAMHS

Additional £1m investment for 2016/17 – Transformation Plan Funds (Total Budget £6.4m)

- Development of website and resources with Article 12
<http://www.oxfordhealth.nhs.uk/fresh/bucks/>
- Working with Time to Talk Counselling service to increase partnership working through SPA
- Partnership working to address waiting times and system wide demand issues within services for CYP with ASD
- Increased working with Children's Social care to support LAC teams including oversight of CYP placed out of county
- Development of Self Injurious Behaviour Pathway, Pack and training

Reconnect service won Infant MH Award and top 3 in Positive Practice in MH

Learning Disabilities





Transforming Care Plan

A national response to the Winterbourne scandal

A three year plan; “Building the right support”

- Focus on children, young people and adults with a learning disability and/or autism, with challenging behaviour or mental health problems
- To reduce the over reliance on specialist LD inpatient beds
- Drive system-wide change and enable more people to live in the community, with the right support, and close to home



HPFT awarded £3.8million to deliver Bucks wide specialist community health services and a block of 4 inpatient beds (at Dove Ward); and a new service model improved IST, 7 days a week

In 2015/16 the total expenditure for LD was £13,5M CHC, s117, those in specialist hospitals and placements outside of the area

Annual Health Check Target...



2015/16 performance;

Chiltern CCG	31%
AVCCG	39%

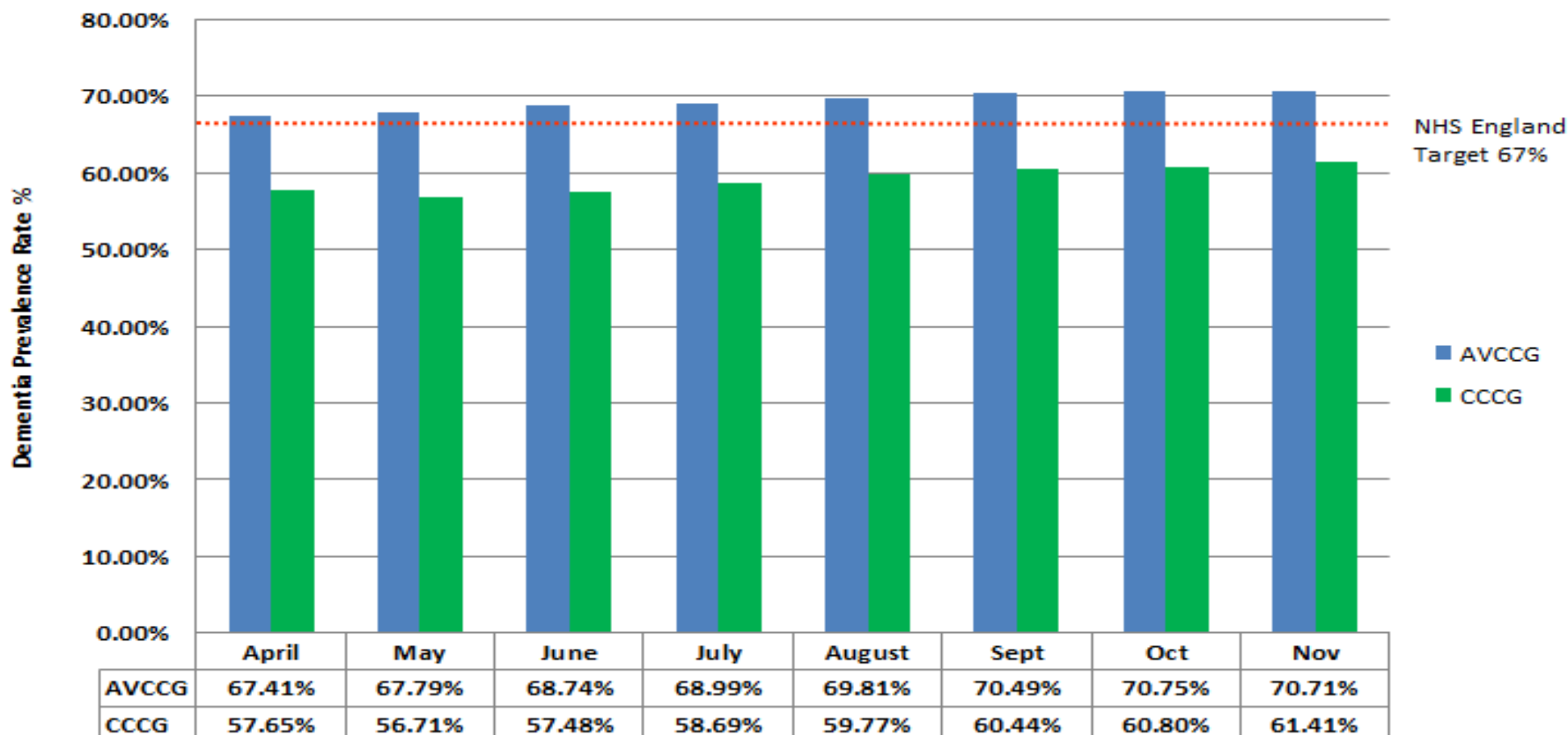
National Average	44%
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By 2020 , national target will be **75%** of patients on LD Register to have had an annual health check



Dementia

Dementia Diagnosis Rate - AVCCG & CCCG - FY16/17



Reducing variation

Data harmonisation
Validation of secondary care data
Care Home screening Project
Screening House bound patients >90+
Individual tool kits for lowest performing practices

Projects

BME Project
Living Well events in sheltered accommodation
Development of the DiADeM tool
Development of the pathway including MCI and delirium
Implementation of the Memory Support Service from 1st April 2016
Training

Carers



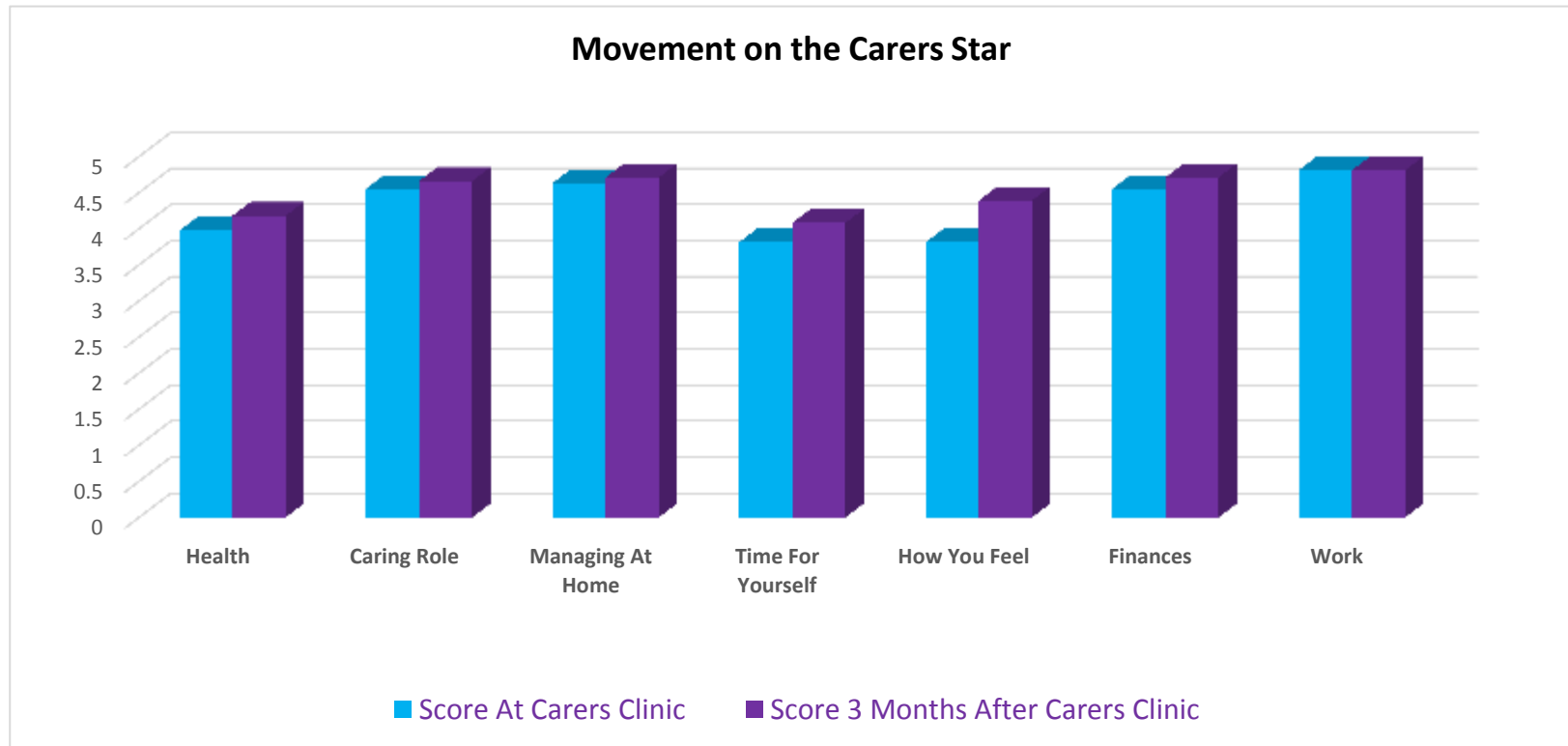
Health based pilot projects running since 2015 in collaboration with Carers Bucks

Carers Hub - based at Stoke Mandeville Hospital

- Dedicated member of staff based at the hospital working full time
- Providing face to face carer support
- Completion of carers assessments and signposting

Carers Clinics – mobile service based in primary care setting

- Health checks offered to carers
- Working with practices to identify new carers
- Marked improvements noted on the carers stars



- **Future Plan**

- Focus will be to deliver a county wide service for 17/18 onwards rather than isolated projects

