



Aylesbury Vale
Clinical Commissioning Group



Chiltern
Clinical Commissioning Group



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Learning Disabilities

Dr Sian Roberts
Clinical Director –
Mental Health and LD
Aylesbury Vale and
Chiltern CCGs

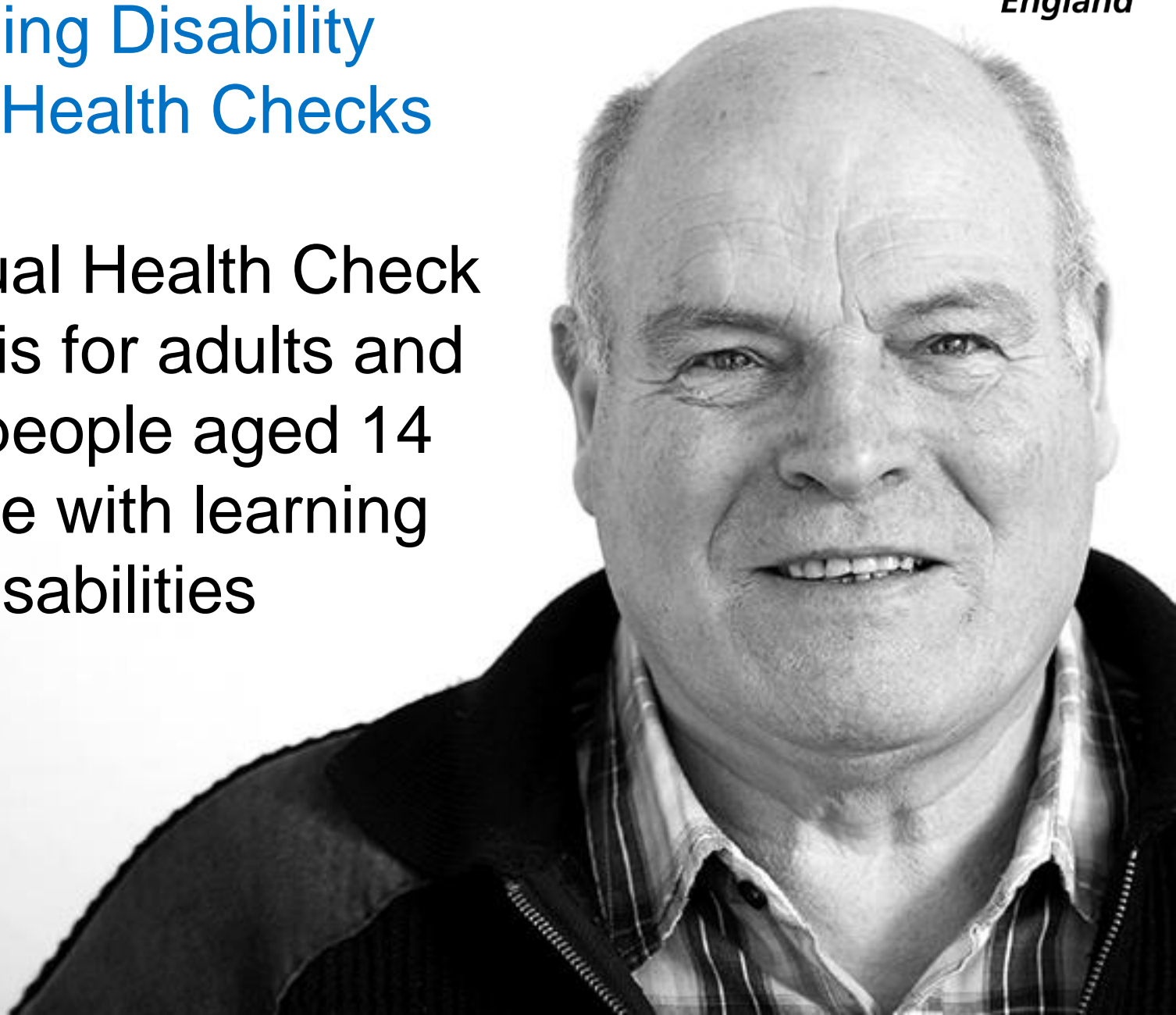


Accountable Officer: Lou Patten

Clinical Chair Aylesbury Vale CCG: Dr Graham Jackson
Clinical Chair Chiltern CCG: Dr Raj Bajwa

Learning Disability Annual Health Checks

The Annual Health Check scheme is for adults and young people aged 14 or above with learning disabilities



What is a Learning Disability?



- a significantly reduced ability to understand new or complex information, to learn new skills (**impaired intelligence IQ<70**), with;
- a **reduced ability to cope independently** (impaired social functioning);
- which started **before adulthood**, with a lasting effect on development

(Valuing People, the 2001 White Paper)

Why are LD health Checks important



- Premature death 58 x more likely to die before 50 years old
- 4 x more likely to die of preventable causes
- Respiratory and heart diseases are the leading causes of death
- Increased risk of aspiration
- Increased incidence obesity
- 25-40% of patients have mental health problems
- Increased incidence of diabetes,
- Increased incidence of epilepsy
- Poor uptake of cancer screening programme

LD Annual Health Check (AHC) Direct Enhanced Service 2017/18

- Key areas of the AHC;
 - Awareness Training
 - Health Check on a standard template
 - Provision of a Health Action Plan

£140/health check
completed



Annual Health Check Current performance; Target...



| | 15/16 | 16/17 |
|------------------|-------|-------|
| Chiltern CCG | 39% | 50% |
| AVCCG | 42% | 51% |
| National Average | 44% | |

By 2020 , the national target is **75%** of patients on LD Register to have had an annual health check

Bucks target for 2017/18 ; **55%**

Performance by Locality

| Performance | | | March 2016 -March 2017 | | | Q1 March 16- June 2017 | | |
|---------------------------|----------------|--------------------------------|----------------------------------|--------------------------------|-------------------------------------|----------------------------------|--------------------------------|-------------------------------------|
| Locality | CCG | Practice Registered Population | Learning Disability Register 14+ | Annual Health Checks Completed | % of Annual Health Checks Completed | Learning Disability Register 14+ | Annual Health Checks Completed | % of Annual Health Checks Completed |
| Amersham and Chesham | Chiltern | 75,803 | 253 | 154 | 61% | 253 | 7 | 3% |
| Wycombe | Chiltern | 90,548 | 490 | 214 | 44% | 490 | 9 | 2% |
| Southern | Chiltern | 84,278 | 317 | 164 | 52% | 317 | 6 | 2% |
| Wooburn Green | Chiltern | 89,785 | 197 | 96 | 49% | 197 | 9 | 5% |
| North | Aylesbury Vale | 58,328 | 194 | 129 | 66% | 194 | 2 | 1% |
| Central | Aylesbury Vale | 103,189 | 434 | 207 | 48% | 434 | 29 | 7% |
| South | Aylesbury Vale | 48,354 | 125 | 49 | 39% | 125 | 2 | 2% |
| Chiltern CCG | | | 1257 | 628 | 50% | 1257 | 31 | 2% |
| Aylesbury Vale CCG | | | 753 | 385 | 51% | 753 | 33 | 4% |

LD AHC e-training resources



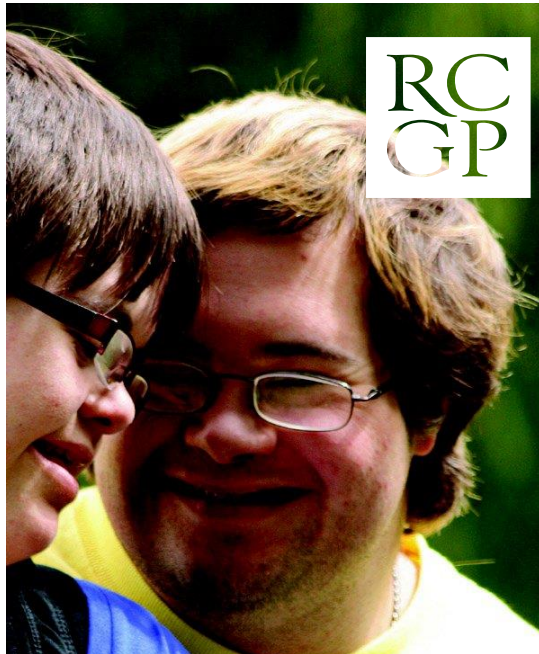
One nurse, one GP and an administrator from each practice to have completed LD training;

www.gmc-uk.org/learningdisabilities

www.e-lfh.org.uk

<http://elearning.bluestreamacademy.com>

RCGP Toolkit



- **Pre Health check questionnaire**
- **The Cardiff Health Check Template**
- **The Practice Nurse's role**
- **The General Practitioner's role**
- **Health Check Action Plan**
- **Syndrome specific Medical Health needs and checks**
- **Mental capacity Tools**

A Step by Step Guide for GP Practices:
Annual Health Checks for People with a Learning Disability
Dr Matt Hoghton and the RCGP Learning Disabilities Group

Health Action Plan

- Health Passport widely used in Bucks
- Hand held record
- Person Centred plan
- Easy Read format



t. [01494 434448](tel:01494434448)
 e. talkback@talkback-uk.com



Talkback and self advocacy help people With a Learning Disability **build self esteem, confidence** and have more **say** and **control** over their own lives.



Talkback



Talkback achieves its aims through supporting people to express a real voice, in choice and decision making and in creating safe and positive learning environments.



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Patient Feedback



Healthwatch Bucks commissioned Talkback to engage with people with a learning disability to understand their views.

The report was published in June 2017 and focussed on four areas:

- **Awareness** – what do people know about the Annual Health Check
- **Communication** – how are people told about the Annual Health Check
- **Barriers** – why don't people attend the Annual Health Check
- **Experience, outcome and evaluations** – what people thought about the Annual Health Check



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Thank You!

