



1 People in Buckinghamshire have a wide range of health needs:

- 1 in 5** adults are physically inactive
- 2 in 3** adults are overweight or obese
- 1 in 8** adults are at risk of developing diabetes
- 1 in 9** adults smoke (1 in 5 adults in manual workers)
- 1 in 5** adults drink harmful levels of alcohol

People in Buckinghamshire have higher than average life expectancy:



but in areas of deprivation this is much lower...

There are some **104,440** people living in the most deprived areas of the county who will die on average up to **7 years** earlier than those living in the most affluent areas in Buckinghamshire.



Local health services serve a population of **522,200** people in Buckinghamshire and this is predicted to increase by **40,400** by **2025**.

18% of the population is **over 65** and this will rise to **21%** in the next **15 years**.

Growing numbers of people...

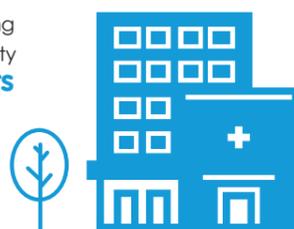
	2015	2020	2025	2030
aged 80 and over in Bucks:	26,800	32,200	38,700	48,200
with dementia in Bucks:	6,826	8,123	9,704	11,522

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2 Buckinghamshire patients get their healthcare from...



Community pharmacies



General Practices

5 Community hospitals (Amersham, Buckingham, Marlow, Thame and the Chalfonts & Gerrards Cross)

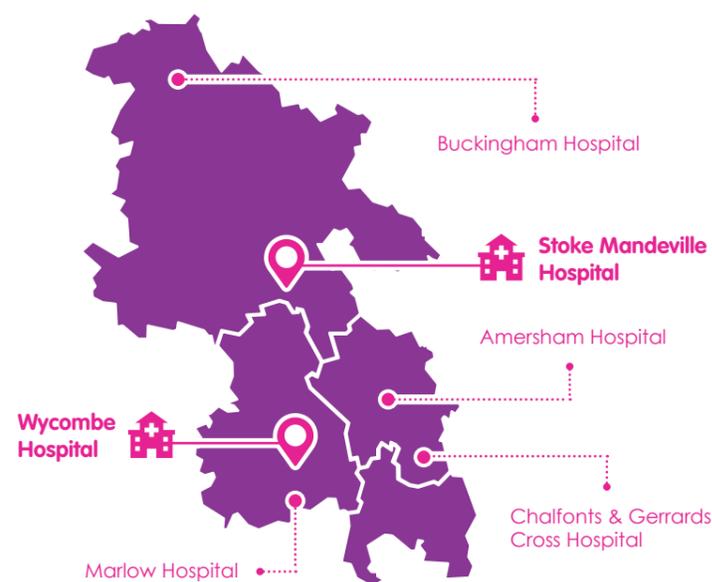
2 Larger hospitals (Wycombe and Stoke Mandeville)

1 Minor Injuries and Illness Unit (Wycombe)

+ Hospitals in neighbouring areas e.g. Wexham Park, Milton Keynes, Oxford hospitals and London hospitals

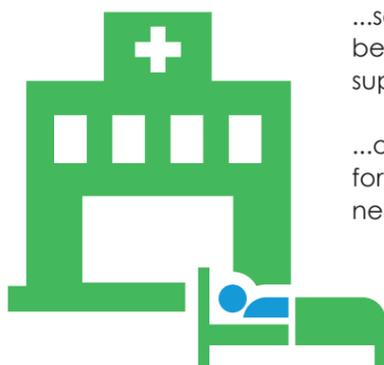
+ Mental health, community and voluntary sector services providing care in different places, including people's own homes

+ Social care services



3 But our services need to change to cope with increasing demands, deliver better health and improve efficiency.

22% of unplanned admissions to hospital are people over the age of **80**...



...some people could be better cared for and supported in the community

...others stay in hospital for **longer** than is clinically necessary



4 Our vision is to have everyone working together so that the people of Buckinghamshire have happy and healthier lives.

We want to rebalance the health and social care spend to increase support for more people to live independently at home, especially older people and those with long-term conditions, by providing high quality prevention and early intervention services.

Supporting people to keep themselves healthy and live, age and stay well



Enabling more people to live independently for longer



Reducing the pressure on our hospitals and GPs



Using technology to support new ways of working



Focus on making everyone healthier



Data produced by Buckinghamshire Public Health (publichealth@buckscc.gov.uk), November 2016

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